

This how to Share the Road (with AL State Code #s)

Rules for Bicyclists

People riding bicycles have the same rights and responsibilities as drivers of motor vehicles. Sharing busy roads with motorists is easier when you ride legally and predictably. **Section 32-5A-260**

Ride With Traffic

Always ride with traffic. Riding against traffic is a leading cause of crashes. When approaching intersections, choose the rightmost lane in your direction. **Section 32-5A-263(a)**

Ride Predictably, Be Alert

Ride in a straight and predictable manner. Look ahead, be aware of the traffic around you, and anticipate hazards. Yield to pedestrians and obey all traffic signals and signs. It's the law.

Signal All Turns

Look behind you before lane changes or turns. Signal safely in advance using arm signals. **Section 32-5A-263(d)**



Left Turn Right Turn Alt Right Turn
(View from Behind)

Make Left Turns Safely

Turn left from the left side of the travel lane or a left turn lane; or stop on the right, dismount, and walk across at a crosswalk.

Riding Together

Cyclists shall not ride more than two abreast except on paths or parts of roadways set aside for the exclusive use of bicycles. **Section 32-5A-263(b)**

Be Visible

In most bike-car collisions, drivers insist they did not see the bicyclist, so it pays to be visible. AlaBike recommends red flashing taillights and bright reflective clothing. When riding at night, Alabama law requires a front bike headlight and a rear red reflector. **Section 32-5A-265(a)**

Wear a Helmet

Helmets are required for bicyclists under 16, and recommended for all cyclists. It is the best protection against head injury in a crash. **Section 32-5A-283(1)**

Maintain your Equipment

Give your bike a regular inspection and an yearly professional tune-up. Worn or under-inflated tires, bad brakes, or a faulty drivetrain can be dangerous.

Section 32-5A-265(b)

Rules for Motorists

People riding bicycles have the same rights and responsibilities as drivers of motor vehicles. Because bicyclists are often less visible, slower, and always more vulnerable to injury than motorists, bicycles and cars share the road best when cyclists are respected as vehicles with equal rights to the road. **Section 32-5A-260**

See Bicycles...as Traffic

Don't Blast Your Horn

It's rude, startling, and dangerous. Wait to pass until it's safe to do so, and leave plenty of distance.

Watch for Children

Children on bicycles are often unpredictable. Expect the unexpected.

Give Bikes 3 Feet - Pass with Care It's the law.

Slow down and wait until it is safe to pass. Give bikes at least 3 feet of clearance when passing - It's the law! More distance is recommended at higher speeds or in windy conditions. If practical, change lanes, same as when passing a motor vehicle. **Section 32-5A-82**

Expect Bicyclists on the Road

Watch for bicyclists on all types of roads, in all weather, and at any time of day or night. Cyclists generally ride as near to the right side of the lane as practical, however, they may legally "take the lane" to avoid pot holes, debris, or other hazards. **Section 32-5A-263(a)**

Be Careful at Intersections

Assume bicyclists are traveling straight through intersections unless they signal otherwise. Right of Way rules apply equally to bicycles and motor vehicles. Yield to bicyclists as you would to any other slow moving vehicle. **Section 32-5A-110-112**

Be Cautious Exiting a Parked Car

When parked adjacent to a travel lane, look back for approaching bicyclists before opening your car door. Develop the habit of opening the driver's door with your right hand, making it easy to notice any traffic that is approaching from behind.

Group Ride Guidelines

Safe Legal Courteous

Be Predictable

Look before you make a move. Riders and motorists expect you to ride in a straight line and at a consistent speed. Avoid sudden changes in speed or lane position. Scan behind and to the side before changing position, slowing, or pulling off the road to stop.

Communicate

Clearly communicate to other riders changes in speed or direction, road hazards, pedestrians, and vehicles. Call out "slowing", "car back", "debris" "hole", or "stopping". Point down at hazards. Repeat calls throughout the group. Coordinate group turns and consider turning as a single unit.

Signal All Turns

Look behind before lane changes or turns. Signal safely in advance, using one of the arm signals shown below, including the alternate right turn signal. **Section 32-5A-263(d)**



Left Turn Right Turn Alt Right Turn
(view from behind)

Ride Only Two Abreast

Group riding often requires riding two abreast. While this is legal in Alabama, please exercise your rights courteously. **Section 32-5A-263(b)**

Be Safe at Intersections

Obey traffic signs and signals at all intersections. Slow and stop at yellow lights. At stop signs, consider moving as a single unit through intersections if all riders feel it is safe to do so. Consider adopting a policy of regrouping after the intersection, off the roadway, when the group is split.

Proper Lane Positioning

Alabama law requires bicycles to ride as far right in the lane as practicable. A rider is permitted to use the entire travel lane when hazards exist, such as pot holes or debris. **Section 32-5A-263(a)**

Bikes Never cross yellow center lines. Be courteous and ride on or near the shoulder when it is safe to do so, or when slowing to stop.

Don't Pass on the Right

Although Alabama law permits bicyclists to pass cars on the right under some circumstances, this is discouraged and dangerous - especially at urban intersections. On group rides gather behind the last car in line as a courtesy to motorists. **Section 32-5A-83.**

Be Visible

Wear reflective, bright clothing and flashing taillights, the brighter the better!

In most bike-car collisions, drivers report they did not see the bicyclist, so it pays to be visible.

Alabama law requires a front head-light and a red rear reflector when riding at night. **Section 32-5A-265(a)**

This is YOUR Group!

Group Ride Guidelines are for all recreational and peloton-style group riding. If you observe a person behaving inappropriately, you have the right and responsibility to speak up and talk to that person! If we don't police ourselves, the Police will!

Don't be a Jerk

Being courteous and obeying traffic laws can set a good example for new group riders, and will improve how the general public views group rides and cyclists.

Please don't give cyclists a bad name.

Ride Smart, Stay Alert

Be aware of riders around you and avoid overlapping wheels when drafting or riding in a group.